

# February 2021

January '21							March '21						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30	31			
31													

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	<b>1</b> Chicken Tenders Mac & Cheese	<b>2</b> Stuffed Peppers Scalloped Potatoes	<b>3</b> Grilled Chicken Salad Texas Toast	<b>4</b> Salisbury Steak Mashed Potatoes	<b>5</b> Chicken Sandwich Pasta Salad Chips	<b>6</b>
<b>7</b>	<b>8</b> Lasagna Texas Toast	<b>9</b> Fish Sticks Mac & Cheese	<b>10</b> Chicken Enchiladas Rice & Beans	<b>11</b> Cheese Manicotti Breadstick	<b>12</b> Meatloaf Sandwich Pasta Salad Steak Fries	<b>13</b>
<b>14</b> Valentine's Day	<b>15</b> President's Day Closed No Meal Delivery	<b>16</b> Chicken Fajita Rice & Beans	<b>17</b> Ash Wednesday Fish Sandwich Pasta Salad Chips	<b>18</b> Chicken Tenders Mac & Cheese	<b>19</b> Lasagna Texas Toast	<b>20</b>
<b>21</b>	<b>22</b> Meatloaf w/ Gravy Mashed Potatoes	<b>23</b> Chicken Enchiladas Rice & Beans	<b>24</b> Grilled Chicken Salad Breadstick	<b>25</b> Fish Sticks Mac & Cheese	<b>26</b> Cheese Manicotti Breadstick	<b>27</b>
<b>28</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>Notes</b> All meals come with milk, fruit, & dessert. Deliveries will occur Monday - Friday between 11am & 1pm, clients must be home to receive delivery unless other arrangements are made. If you won't be home on a delivery day please call us at (775)664-3030 or email at jasfoundation@yahoo.com to let us know. Menu subject to change.				